|  |  |  |  |
| --- | --- | --- | --- |
| Below you will find a weeks planning for English, maths and topic. The planning is set out so you can work with your grown-up and sometimes on your own, to continue working on things that we would be doing in school. Remember to stay active! You can look at the letters sent out on the school website to find some websites to help you do this. Joe Wicks on Youtube is a great resource to help you stay active. Premier Sports, one of Alwyn’s PE providers, are also offering free fitness activities. These can be found by clicking the two links provided. <https://www.youtube.com/watch?v=vb1zh3gqF_w&feature=youtu.be> <https://www.premier-education.com/stay-active/>  You can also access Professor Brainstorm’s website to find some fun science experiments to do at home with your grown-up! Professor Brainstorm is a Scientist who has visited Alwyn many times to share his exciting experiments with us! <http://www.profbrainstorm.co.uk/homescience.htm>  This week the focus is ‘Healthy me’. This will be all about keeping fit and healthy! Some of the activities will need to be completed in your home learning books and some activities will be on the sheets provided. Enjoy your home learning and remember to email your teacher on your class email if you have any questions. | | | |
| **Phonics** | It is very important that you continue to practise your phonics whilst you’re off of school. You will be using your phonics in your English work this week, using your phonics to segment to spell words in your writing and blending to read in your comprehension. Make sure that you continue to use the Phonics Play website- [www.phonicsplay.co.uk](http://www.phonicsplay.co.uk) to help you to practise. You should start by playing ‘Tricky Word Trucks’ to practise your keywords and then ‘Flashcard, Speed Trials’ to practise your phonic sounds. You can work your way through each phase, noting the sounds you do not know. The sounds you are unsure of, you can use the games on the website to help you to practise. Remember, we would have currently been focusing on phase 5 sounds but continuously recapping all other sounds. Enjoy! | | |
| **Day** | **English- Healthy me** | **Maths- Fractions** | **Topic** |
| Monday | This week we will be thinking about how we stay fit and healthy.  Talk to your grown-up about what this means. Why do we need to keep fit? How do you keep fit already? What exercise do you do? What is a healthy meal?  **Main Activity**  In your home learning book write sentences about how you already keep healthy. For example:  I go for a run every day. I enjoy eating 5 pieces of fruit a day. I like to skip with a skipping rope.  Challenge: Use a conjunction.  For example: I eat an apple every day because it is healthy. | This week in maths you will be thinking about the topic of fractions. We have looked at this in school. Remember when we used paper to fold to make a half and a quarter?  Start by talking to your grown up about what a half means. Can you think of some sentences that you might use this in? Can I have half of your chocolate bar? You can only eat half of the sweets. Can I play with half of the Lego?  **Main Activity**  Look at the PowerPoint titled: WB 11.5.20 Monday Halving. Once you have watched the PowerPoint have a look around your home to see if there are any objects, foods or toys that could be shared in half. You do not actually need half these things, just talk about it with your grown-up. | PE  It is very important to keep fit and healthy. Throughout this week we would like you to keep a diary of the exercise you do. You could use today’s topic time to create your own template for this or use the template attached titled: WB 11.5.20 fitness diary  You will need to think about the type of exercise you will do, how long you will do it for, and then after, you can think about how it made you feel. |
| Tuesday | **A healthy plate**  Yesterday you started to think about the meaning of being fit and healthy. Today you will focus on healthy eating. What does this mean? What foods are healthy and why? Do you know the different food groups? You can watch the PowerPoint titled: WB 11.5.20 TUESDAY food group PowerPoint. This PowerPoint gives more information on the foods in each group.  **Main Activity**  In your home learning book or on plain paper you should draw a plate. Today you will be creating your own healthy meal. You can draw and label the foods that you have chosen for your meal. Think about if you are making a breakfast, lunch or dinner. You might like to do one for each.  Challenge: Can you label the food group that your food belongs to? | Yesterday we looked at halving. You might like to remind yourself of this by looking at yesterday’s PowerPoint again. Think about when you learnt about time. Where was the minute hand when the time showed half past? Half way around the clock.  **Main Activity**  Today you will be completing the activity sheet titled: WB 11.5.20 TUESDAY finding half sheet.  If you cannot print this sheet off, work with your grown-up to verbally explain the answers. | Music  In music this week we would like you to think about a song you already know. This could be a song you have heard on the radio or telly, or a song from a film you like.  Think about the lyrics of the song. This means the words that are sung.  Your challenge is to change some of the lyrics to make it a new song! You will need to follow the same rhythm but just change the words to make them your own.  Have fun with this! |
| Wednesday | This week you have been thinking about a healthy lifestyle. For today’s lesson you will need to find the attachment titled: WB 11.5.20 WEDNESDAY Greek salad comprehension.  You will need your grown-up to help you to choose which level you should complete. If you cannot print the comprehension, you can answer the questions verbally or write your answers in your home learning book.  You might like to try and make the recipe after! | Today we will be moving on from half to a quarter. Think about what this might mean. Talk to your grown-up about if a quarter is larger or smaller than a half. Would you rather have a quarter of a chocolate bar or half? Why?  Would you rather have half of a banana or a quarter? Why?  Look at the PowerPoint titled: WB 11.5.20 WEDNESDAY half quarter powerpoint.  This PowerPoint will show different ways to divide a shape in to two to show halves, and into 4 to show quarters.  **Main Activity**  Like on Monday, move around your home and think about objects, foods and toys that you could share into four parts. If you were sharing these between four people, everyone would get one each. | Science  In science at school we have thought about plants and how they grow. Some of you even planted your own bulbs during grandparents into school week.  Think about the different plants that you see when you are outside. Do you have a garden with plants in? Have you seen any plants on your walks?  **Main Activity**  In your home learning book draw some of the plants you know. Your page should be full of flowers of all different colours and sizes.  Challenge: Think about the names of these flowers and label them. You may need your grown-up’s help for this. |
| Thursday | Today we will be thinking about how you are feeling. Part of being fit and healthy includes thinking about your wellbeing. Talk to your grown-up about what this means. How are you feeling at the moment? Are you enjoying being at home? What have you enjoyed the most? What have you enjoyed the least?  **Main Activity**  In your home learning book write about how you have been feeling whilst you are unable to come to school. You could answer some of the questions above.  Challenge: Use conjunctions. Can you use suffix words? Remember these are words ending in s, ing, es and ed. | Today you will be putting your thinking about half and quarters into practice.  **Main Activity**  You will need to find the worksheet attached titled: WB 11.5.20 THURSDAY maths worksheet  Complete the sheet verbally if you cannot print it out.  You will see that there is a challenge of finding two quarters of a shape too! | Geography  In geography at school and at home, you have looked at the UK and the countries within it. Today we will be focusing on England. This where we live. Most of you live in Maidenhead. With your grown-up’s help look at a map and see if you can find England and then Maidenhead (or wherever you live). Look at the PowerPoint titled: WB 11.5.20 THURSDAY England. This PowerPoint will teach you lots of information about England, its landmarks, and its celebrations.  **Main Activity**  Think about the information you have learnt about England by looking at the PowerPoint. You can also think about information you know already! In your home learning book write some facts about England. You could also draw a picture of one of the famous landmarks. |
| Friday | Today you will be creating a poster to show people how to stay healthy!  You will need to think about what you should eat and the exercises that you might do. You can think about how exercise makes you feel and why it is important. Start by talking through your ideas with your grown-up. You will need to make your poster bright and colourful. Remember, posters need to be eye-catching, so you can include pictures too. | This week you have worked hard thinking about halves and quarters, especially of shapes.  Today you will think about finding half of a number. This is known a halving.  For example half of 10 is 5. Half of 2 is 1. Half of 12 is 6.  **Main Activity**  For today’s activity you will need to find some objects to help you with your counting. For example some marbles, coins, counters, toy cars, buttons, Lego pieces.  To find half of 8, for example, you would count out 8 of your object and then share them into two piles. Remember when you half you are sharing between two. Half of 8 is 4.  Now use this method to answer these :  What is half of:  6, 4, 14, 16, 18, 20  Challenge: 40 | **Art**  This week you have been thinking lots about healthy eating. You have two choices for this activity and you will need your grown-up to decide for you. You will be creating a face using fruit and vegetables! You will need to think about what you will use of the eyes, nose, mouth, eyebrows, hair and ears.  Choice one- Draw it!  Choice two- Make it! Make sure you have your grown-up’s permission to do this as you will need access to fruit and vegetables. |

Remember, your teachers would love to see pictures of your super work this week, so if you would like to, you can send pictures via your class email.